

### Namaste!

Welcome to the Namaste Global Expedition, an amazing round the world adventure. True to the spirit of Namaste Fun, this is your opportunity for an adventure of a lifetime...

Join me on the expedition for a weekend, a week, even a month or longer, and it is up to us to decide what we want to do.

Explore this document, which should tell you everything you need to know in order to join the expedition - if online, click on links to

navigate around the pages and click on links to other documents for further information.

If you need anything more, please don't hesitate to contact me, by email, fax or phone. I look forward to hearing from you and travelling with you soon...

*Cheers, Chris*

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### Joining the Expedition - an overview

Namaste Fun can provide individually tailored adventure travel holidays for individuals and groups (of up to 3 people) in any country on the expedition route. With the expedition guide as your travel companion, you decide where you want to go and what you want to do. If you like to have fun, meet new people, enjoy outdoor sports, adventure and the opportunity to make a difference, then joining the expedition is right for you.

For example, you could be trekking, paragliding & horse-riding in the North American Rocky Mountains; scuba-diving in the Caribbean and the Galapagos Islands; climbing Ecuadorian Volcanoes; experiencing overland safari in Africa; sailing across the Indonesian Archipelago; or mountain-biking in the Tien Shan mountains of Kazakhstan. You could even join the expedition on one or more of the 7 summit climbs.

Whether you join the expedition for a weekend, a week or two on holiday, or for a longer duration, it is up to you (subject to availability). Register your interest in a particular country, region or time period now and we'll work out the details in the final 3 months running up to you joining the expedition. Don't miss out, this is an opportunity of a lifetime!

*"Thanks for a great story and a wonderful week", Keitha Clark, 14th April 2004*

*Click here to read Keitha's story...*

#### What you need to know...

##### 1. Deciding when, where & how long

Click here to see page 2 for advice on deciding when and where you want to join.

##### 2. Deciding what to do

Click here to see page 2 for advice on deciding what to do when you join the expedition.

##### 3. Plans & availability

Click here to see page 2 for advice on making detailed plans and getting up to date information on expedition availability

##### 4. Pricing & discounts

Click here to see page 2 for advice on individual and group expedition costs.

##### 5. Booking form & conditions

Click here to see page 3 for important information you should consider before joining; a booking form on page 4; and booking conditions on page 5.

##### 6. Staying up to date

Stay up to date with what the Expedition has been up to and for news of any changes to future plans. See below...

#### Expedition News...

Click on the following links to read more...

**April 2004:**- East to west across Canada

**May 2004:**- Alaska & Climbing Denali

**June 2004:** the Yukon and British Columbia

And click here to read the **Denali Report**

#### Further information...

Further information about the Namaste Global Expedition, including rough timings for the route shown on Page 2, can be found at [www.namaste.co.uk/namaste-global-expedition.htm](http://www.namaste.co.uk/namaste-global-expedition.htm). Other useful documents to read if you are considering joining the expedition include:

- The expedition vehicle**, which details all the vehicle facilities available. Click here to read more...
- The expedition guide**, which tells you more about Chris Charlton, who will be your travel companion and guide, if required. Click here to read more...
- The expedition plans**, which tells you in more detail what the plan is for each continent. See page 2 for more detail
- Monthly newsletters**, available on the website News page, tell you what the expedition has been up to month by month. Click here to read more...You can also find out how to enter the **competition** to win £1,000 to spend...see page 2
- Expedition reports** from the mountain sections at [www.namaste.co.uk/7-summits](http://www.namaste.co.uk/7-summits). Click here to read more...
- Past Adventures** to see examples of previous trips organised by your Expedition Guide.
- Expedition DVD's** can be found in the Namaste shop...

If you need any further information about the Namaste Global Expedition, don't hesitate to contact Namaste (click here...)


#### Competition...

See page 2 for your chance to win a trip on the Namaste Global Expedition (**worth up to £1,000**). Anyone can enter and it's your chance to win a free adventure of a lifetime aboard the state of the art expedition vehicle. Don't delay, enter today....


**1/5/04** Day 27  
**Jasper** Mile 4229




**6/5/04** Day 32  
**Whitehorse** Mile 5494



**7/5/04** Day 33  
**Burwash** Mile 5690



**9/5/04** Day 35  
**Valdez** Mile 6170



**26/5/04** Day 52  
**Denali Camp 4** 14300 ft



## Deciding when, where, & how long

As you've probably gathered so far, this is a unique expedition. There are no fixed itineraries, no dedicated routes to follow, and no fixed plans.

There is, however, a broad plan for the entire trip (shown below) including route plan and timing. There is also a more detailed plan for each continent, which is prepared about 3-6 months in advance of reaching the continent. These continent plans are available on the Namaste website (you can also click the links below for those that are currently available).

The beauty of this trip is that you get to design your own adventure within the overall timeline shown below. When you join, where you join, for how long to join it, and what you do, this is all up to you.

Check out the map below on the website (click here) and decide where you would like

to visit, or when you have free time. Match your requirement to the expedition timeline.

Then all you have to do is visit the Namaste website Contact Us page (click here) and submit an email detailing what you would like to do, when and where. Once submitted, Chris will then review expedition plans, and based upon your requirements, he will:

- check availability for you to join
- suggest a place to join (usually the nearest airport to where you will join) and a place from where you will leave
- confirm pricing arrangements
- make recommendations for what to do
- provide any other relevant information

Simply send an email detailing as much as you know now - the more detail you provide, the easier it will be to match your requirements.

## Competition

### Win a £1,000 holiday..!

Now that the Namaste Global Expedition is under way, this is your chance to join it for free. If you win, you can join the expedition anywhere in the world for up to 2 weeks, subject to availability\*.

All your expenses will be paid for, including flights, accommodation, food and activities up to a value of £1,000. You are free to share this prize with up to 2 other people if you choose.

### What do you have to do to win?

To enter, you must get as many people as you can to complete the enquiry form on the Namaste Contact Us page ([www.namaste.co.uk/contact-us.htm](http://www.namaste.co.uk/contact-us.htm)). Be sure to tell them to fill in your name in the "Where did you hear about the Namaste website?" box. Each enquiry form completed in this way will be logged against your name.

The prize winner will be the person who gets the most number of legitimate contacts by the end of August 2004\*\*. An update of the competition league table will be shown in each month's Namaste News.

\* You can claim your prize any time between 1 November 2004 and 30 April 2005 during a period when there are available places on the expedition.

\*\* The closing date for the competition will be all contacts received by midnight, expedition time, on 31 August 2004.

### WORLD MAP - Route & Time Outline



### Available Expedition Continent Plans:

North America (Apr - Aug '04)

Central & South America (Sep '04 - Apr '05)

*Detailed plans also hold information on current availability. However, it always best to check availability by sending an email (from the Namaste Website Contact Us page).*

## Deciding what to do...

### Before you join the expedition...

If there are specific activities you would like to do, or specific places you would like to visit, make sure you include this in your email requirement. Chris will let you know if this is feasible and organise it accordingly.

The only constraints are your budget and time and overall expedition routing.

Alternatively, you can leave the decisions about what to do to the expedition guide.

Or, of course, a combination of the two.

### When you're on expedition...

Just as with before you join the expedition, but when on the expedition, bear in mind:

- consideration for what other people want to do, though usually it is possible to cater for multiple, simultaneous activities

- the Expedition Guide can cater for many activities, such as outdoor sports, directly. However, it may prove beneficial to utilise local facilities and organisations to assist in doing what you would like.

## Pricing & Discounts...

### Personal Costs

You are expected to cover all your personal costs, including flights & other transportation (such as joining and leaving the expedition), insurance, accommodation, meals in restaurants and activities.

### Group Costs

You pay a contribution to expedition costs in advance of joining the expedition, which includes the cost of fuel, food and running costs. For simplicity, this is calculated as a daily charge of £25 per person per day.

### Discounts

The following discounts are available:

- |                           |          |
|---------------------------|----------|
| 1. Students*              | 15%      |
| 2. Trip duration >21 days | 15%      |
| 3. Groups of 2 / 3        | 10 / 15% |

These discounts are cumulative so, for example, if you are a student joining for 25 days, you would be eligible for a discount of 30%

### Deposit

A deposit of 25% of the total daily charge, i.e. No. of days on expedition \* daily charge (less any discounts) is payable when you book, the remainder being due 28 days prior to departure.

### Other Information

See Booking Conditions for further information on transferring bookings, surcharges and cancellation conditions.

\* Students are less than 26 years and in full-time education

## Important Information

### Booking Procedure

Once you have submitted an email via the Contact Us page on the website as described on Page 2 of this brochure, and agreed an overall plan and price with the Expedition Guide, you should complete the Booking Form on Page 4 of this brochure and fax the completed form to the Company.

Once your booking is accepted, the Expedition Guide will send you a confirmation receipt. At that time, you will be informed of any conditions or considerations in addition to those set out in this brochure, to ensure that you have a great time on expedition.

### Group Size

The Expedition can accommodate up to 3 passengers in the Expedition Vehicle at any one time. Due to the nature of the Expedition, part of the fun is the opportunity to meet new people, including those on the Expedition itself, and those you meet along the way. For a supplementary charge, however, it is possible for individuals and groups of 2 to request an exclusive arrangement for the duration of your trip. You can request information about others already booked on the Expedition at the same time as you by requesting this in the email you send.

### About the Route

A significant part of the Expedition will be travelling in third world countries, sometimes in remote or undeveloped areas where lifestyles and conditions are very different from normal experience. The unpredictable nature of such travel is exhilarating, but not for everyone. A trip may be unexpectedly delayed or forced to re-route for various reasons, climatic or political, to mention the obvious. Before you agree to join the expedition in remote areas, you should clearly understand that it may involve some personal risk - see Warning note.

### About Camping

When camping, all tents, cooking and eating equipment are provided. You are able to choose from a 1-man, 2-man and 3-man tent, depending upon your individual or group requirement. You will need to bring a sleeping bag and sleeping mat suitable for the conditions (Check before to ensure you have the right kit if you are unsure.) The expedition does carry a few spares just in case, but do not rely on these. Everyone is expected to contribute to camp tasks, including making and breaking camp, cooking and washing up, etc.

### About Other Accommodation

As the group desires, it is possible to stay in local accommodation to take a break from camping. Clearly, the standards and levels of sophistication vary with local conditions.

### About Transportation

In addition to the Expedition Land Rover, a variety of means of transport may be utilised, depending upon your objectives. We'll do what we can to minimise the effects of any changes or delays brought about by flights, weather conditions, politics, etc. but we cannot be held responsible for such changes

### Baggage & Flights

On international flights baggage is usually limited to 44lbs/20kg. Space in the Expedition Land Rover limits each person to one large (max. 70litre) and one small (max. 25litre) rucksack (backpack). You

are advised to travel as light as possible, bearing in mind such things as climate and local conditions.

It is your responsibility to ensure that you make your outbound flight in order to join the Expedition as agreed with the Expedition Guide prior to joining. The Expedition Guide will ensure that you arrive at the airport with enough time for your return flight, bus or train.

### Equipment

Basic equipment that you will need to bring with you includes:

- Sleeping Bag (appropriate for the conditions)
- Sleeping Mat (e.g. Thermarest, Karrimat)
- Clothing (suitable for the climate and activities to be undertaken)
- Wash Kit, towel and personal first aid kit

A detailed equipment checklist is available on request. In general, the Expedition Guide and/or its suppliers will provide all technical equipment for any activities to be undertaken. It is also possible for you to bring your own equipment, but bear in mind the baggage limitation which restricts what you can bring to one large backpack and one small backpack.

In all cases, it is recommended that you check with the Expedition Guide prior to departure to ensure you have everything you need.

### Late Bookings

With limited space available, we urge you to book as soon as possible in order to reserve a place at the time or country of your choice

### Food & Special Diets

The Expedition Guide is able to cater for a range of tastes and dietary requirements, such as vegetarians. However, you should be aware that the quality of food will vary according to local conditions and availability. Fresh, clean water can be provided as the Expedition Vehicle has the capacity to filter water to ensure it is safe to drink.

### Passports & Visas

It is your responsibility to ensure that you're in possession of a full passport with at least six months validity from the date of departure and any visas necessary to enter or transit any countries involved in the journey.

### Fitness & Health

All travel involves some physical exertion. Altitude, extremes of heat and cold, the duration of your trip or difficulty of terrain, are all factors which affect people differently. However, the Expedition is designed to be within the capabilities of almost anyone who enjoys good health, is moderately fit, and above all adaptable. If, however, the trip you've picked involves high altitude, a river exploration or long distance trekking, for example, then you should exercise regularly to prepare yourself mentally and physically for an active outdoor experience. You should not suffer from any disability that would prohibit your full participation in the trip.

### Vaccination/Immunisation

For trips to many areas of the world, it is recommended that you ensure you have all relevant vaccinations before you join the expedition. In general, typhoid, tetanus, polio and yellow fever are a good start.

Parts of Central Africa and South America do ask for a Certificate of vaccination against Yellow fever for entry, and Malarial prophylactics should be taken in many areas. For more specific information on the subject of vaccinations and protection, consult your medical practitioner for the latest information and allow plenty of time to obtain the appropriate vaccinations.

### High Altitude

No one can predict who is or is not at risk from altitude sickness. Experience suggests that once the human body acclimatises to elevations above 3000m, it normally adapts well to extended periods at altitude. Treks or climbs to high elevations gain height slowly as the best way to acclimatise. If you have a heart or respiratory problem you should not risk extended travel or trekking at high altitude.

### Travel Insurance

Travel insurance is mandatory for anyone wishing to join the expedition. You are responsible for organising your own insurance for the full duration of the trip in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment, with adequate cover. You should ensure there are no exclusion clauses limiting protection for the type of activities included in your trip.

### Adventure Travel - A Warning

Adventure travel can be addictive. But before you take the plunge, bear in mind that travel to far-flung corners of the earth involves lifestyles and conditions that are often very different from your own - outside your everyday experience. You must come prepared to cope with unusual situations, local inadequacies and unpredictable events as and when they occur. With the best will in the world, things can go wrong and a sense of humour is a bonus. Flexibility and adaptability are key to life on the Expedition, as everything does not always go as planned.

You should also be aware that some countries around the world have serious security problems. However, most crime is still opportunistic, so you can lessen many risks by using common sense. The political situation in the regions to be visited are also constantly monitored and there is no hesitation about re-routing if there is a need.

Risk, though, is a relative thing, and inherent in all human activity. Whether one travels or not boils down to the strength of your own interests and desires. The choice is yours.

### Age Limits

Due to its nature, the minimum age limit on the Expedition is 14 years and young people under 18 years require parental permission to join it. There is no upper limit, though we reserve the right to request evidence of fitness and past experience. Regardless of age, everyone must complete the medical questionnaire if requested.

### More Information

Feel free to send an email for further information about the Expedition, either direct or via the Namaste website.

### Expedition DVD's

Check out the Namaste online shop for availability of Expedition DVD's - a good opportunity to see the kind of fun you will have on Expedition!



## Booking Conditions

### Important, Please read carefully:

Namaste Fun, a division of Namaste Management Consultants Ltd ("The Company"), accepts bookings subject to the following conditions:

#### 1. Your Contract with Namaste

To secure a booking the Company requires a completed booking form and the necessary deposit or full payment for travel at least 28 days prior to departure. Clients booking by telephone, fax or email will be deemed to have read the booking conditions and to have signed the Declaration on the booking form. A booking is accepted and becomes definite only from the date when the Company has confirmed acceptance in writing or by email and issued a Confirmation invoice. It is at this point that a contract between the Company and the client comes into existence. Before your booking is confirmed, the Company reserves the right to alter brochure prices. The Company also reserves the right to decline any booking at their discretion.

The contract is between the Company and the client, being any person travelling or intending to travel on a trip operated by the Company. The contract, including all matters arising from it, is subject to English law and the exclusive jurisdiction of the English Courts. No employee of the Company other than a director has the authority to vary or omit any of these terms or promise any discount or refund.

#### 2. Payment for your Holiday

The balance of all monies due, including any surcharges applicable at that time, must be paid to the Company or their agent not later than 28 days before departure. In the case of non-payment of the balance by the due date the Company reserves the right to cancel your booking and cancellation charges will apply.

#### 3. If you Change your Booking

An administration fee of £25 per booking plus any additional costs incurred will be charged if a confirmed booking is changed or transferred to a different departure date or trip up to 28 days before departure. Thereafter all changes will be treated as cancellations and subject to the charges below.

#### 4. Transferring of Bookings

If a client is unable to travel, in certain circumstances which the Company considers reasonable, the booking may be transferred to another suitable person, however the trip arrangements should remain the same. If a transfer is allowed an administration charge of £40 per person will be made plus any extra charges levied by suppliers.

#### 5. If you Cancel your Booking

Should the client wish to cancel, cancellation charges will be imposed. These are calculated from the day written notification is received by the Company as a percentage of the total trip price, including surcharges, as shown below:

- |                                      |         |
|--------------------------------------|---------|
| a) 28 and more days before departure | deposit |
| b) 14-28 days before departure       | 50%     |
| c) Less than 14 days                 | 100%    |

It is strongly recommended that full insurance is taken out, which includes cover, under certain circumstances, against the loss of deposit or cancellation charges

#### 6. Delays/Flights

The Company cannot accept any liability for any delay in your flight (or other mode of transportation) to or from the Expedition. Where long flight delays result in lost holiday time, no refunds are given.

#### 7. If we Change your Holiday

While the Company will use its best endeavours to operate the tour as described in the Company brochure, it reserves the right to change any or all of the facilities, services, prices, route and timings. If a major change is necessary or deemed advisable, the Company will inform the client as soon as reasonably possible, if there is time before departure.

If advised of a major change before departure the client will have the choice of accepting the changes (at additional cost if applicable), purchasing another available tour from the Company, or cancelling the tour with a full refund; provided

that the major change is not as a result of situations outside the Company's control (see below). Compensation will be paid as follows:

<i>Period of Notification</i>	<i>Compensation per person</i>
More than 28 days:	Nil
14-28 days	£25
less than 14 days	£50

The Company will not pay compensation if forced to cancel or change your tour because of war, threat of war, riot, civil strife, industrial dispute, terrorist activity, natural or nuclear disaster, fire or adverse weather conditions, epidemics or health risks, technical or maintenance problems with transport, closed or congested airports or ports, changes imposed by re-scheduling or cancellation of flights by airlines, or other similar events beyond the control of the Company

#### 8. If we Cancel your Holiday

The Company reserves the right to cancel a tour in any circumstances but will not cancel a tour less than 28 days before departure except for force majeure or the client's failure to pay the final balance. Unless the client fails to pay the final balance, the Company, upon cancellation, will return all monies paid or offer an alternative tour of comparable standard and will pay compensation on the scale shown in clause 7 above save that no compensation will be paid if cancellation is because of force majeure.

#### 9. Passports, Visas and Vaccinations

Clients are responsible for arranging, and must be in possession of, a valid passport and any visas and vaccination certificates required for the whole of their journey. Information about these matters or related items (climate, clothing, baggage, personal gear etc.) is given in good faith but without responsibility on the part of the Company.

#### 10. Travel Insurance

Travel insurance is mandatory for all clients whilst on a tour organised by the Company. Clients together with their personal property including baggage are at all times solely at their own risk. Clients are wholly responsible for organising their own insurance for the full duration of the trip in respect of at least medical expenses, injury, death, repatriation, cancellation and curtailment, with adequate cover. Clients should ensure there are no exclusion clauses limiting protection for the type of activities included in their trip.

#### 11. Holiday Participation

Clients agree to accept the authority and decisions of the Company's employees and tour guides whilst on tour with the Company. If in the opinion of such person the health or conduct of a client at any time before or after departure appears likely to endanger the safe, comfortable or happy progress of a tour the client may be excluded from all or part of the tour. In the case of ill health the Company may make such arrangements as it sees fit and recover the costs thereof from the client. If a client commits an illegal act the client may be excluded from the tour and the Company shall cease to have responsibility to or for them.

The person signing the attached booking form (which incorporates these terms) warrants that he/she has full authority to do so on behalf of all persons whose names appear thereon, and confirms that all such persons are fully aware of and accept these conditions.

#### 12. Surcharges

The Company reserves the right to increase the tour cost to take account of the following items: currency, government action, transportation costs, including fuel, and the cost of all activities whilst on tour.

#### 13. Our Responsibility for your Holiday

Client bookings are accepted on the understanding that they appreciate the possible risks inherent in adventure travel and that they undertake any activities whilst on expedition at their own volition.

a) Where the client does not suffer personal injury, the Company accepts liability should any part of the tour arrangements booked with the Company not be supplied as described in the brochure. In such a case, the Company

will pay reasonable compensation if the clients enjoyment of the tour has been adversely affected but will pay no compensation if there has been no fault on the part of the Company or its suppliers and the reason for failure was the client's fault, the actions of someone unconnected with the tour or could not have been foreseen or avoided by the Company or its suppliers even if all due care had been exercised.

b) Where the client suffers death or personal injury as a result of an activity forming part of the tour arrangements booked with the Company, the Company accepts responsibility unless there has been no fault on the Company's part or its suppliers and the cause was the client's fault, the actions of someone unconnected with the tour or one which neither the Company nor its suppliers could have anticipated or avoided even with the exercise of all due care.

c) The Company's acceptance of liability in clauses (a) and (b) above is subject to assignment by the client to the Company of the client's rights against any agent, supplier or sub-contractor of the Company which is in any way responsible for the unsatisfactory holiday arrangements or the client's death or personal injury.

#### 14. Your Obligations

By signing the Booking Form you undertake and confirm to the Company that your mental and physical condition are sufficient and fit for the purpose of joining in and participating in the holiday that you have booked. The Company reserves the right in its absolute discretion to insist upon the production of a medical certificate at any time prior to the Departure Date.

#### 15. Force Majeure

If by any reason of any event of force majeure we shall be delayed in or prevented from performing the Contract and/or complying with any of the Conditions, the such delay or non-performance shall not be deemed to be a breach of the Contract and/or the Conditions and no loss or damage shall be claimed by the client from the Company by reason thereof.

Should the exercise of rights and obligations under the Contract and/or the Conditions be materially hampered, interrupted or interfered with by any reason of any event of Force Majeure then our obligations shall be suspended during that period. The company will use best endeavours to minimise and reduce any period of suspension occasioned by any of the events aforesaid.

#### 16. Complaints Procedure

If you have a complaint about your holiday you are required to confirm details of any such complaint or problem in writing supported by appropriate evidence relating to that complaint within 28 days of returning from the holiday in question. For the avoidance of doubt we will not accept any liability or deal with any claims that are received by the Company later than 28 days after your return from your holiday.

#### 17. Governing Law and Jurisdiction

The Conditions and the Contract shall be governed by English Law and shall be deemed to have been made in England.

The parties hereby submit to the exclusive jurisdiction of the High Court of Justice in England in relation to any dispute arising out of or in connection with the Conditions and/or Contract and hereby agree for the purpose of such dispute that any process may be served at the registered address of the Company.

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